

Station V – Simon of Cyrene helps Jesus Carry his Cross



James Tissot, Simon the Cyrenian Compelled to Carry the Cross with Jesus, c. 1890.

[https://commons.wikimedia.org/wiki/File:Brooklyn_Museum_-_Simon_the_Cyrenian_Compelled_to_Carry_the_Cross_with_Jesus_\(Simon_de_Cyr%C3%A8ne_contraint_de_porter_la_Croix_avec_J%C3%A9sus\)-_James_Tissot.jpg](https://commons.wikimedia.org/wiki/File:Brooklyn_Museum_-_Simon_the_Cyrenian_Compelled_to_Carry_the_Cross_with_Jesus_(Simon_de_Cyr%C3%A8ne_contraint_de_porter_la_Croix_avec_J%C3%A9sus)-_James_Tissot.jpg)

Luke 23:26

²⁶ As they led him away, they seized a man, Simon of Cyrene, who was coming from the country, and they laid the cross on him, and made him carry it behind Jesus.

Reflection:

How have you helped someone? How has someone helped you?

Action:

Feel the roughness of the sandpaper. Who do you know (person, place or situation) going through a rough time now? Write the name on the sandpaper. Pray that God will be with them.

We adore you, O Christ and we bless you. Because by your Holy Cross, you have redeemed the world. Amen.